About the Author

Lani V. Jones, PhD, LICSW, is a Black feminist scholar and therapist. She is a professor in the School of Social Welfare and the Department of Women, Gender, and Sexuality Studies at the University at Albany, State University of New York. She has more than 20 years of experience in providing therapy to Women of Color. Her research and scholarship are concentrated in the area of mental health practice research with a focus on enhancing psychosocial competence among Women of Color. Her work includes African Americans and Depression: Signs, Awareness, Treatments, and Interventions (Rowman & Littlefield) and numerous articles and book chapters.